

# Spin A Move

## Needed:

1. Scissors - If you want to cut turkeys out or cut half sheets
2. Pencil
3. Paper Clip



## How To Use:

Place pencil in center of spinner with paper clip as spinner.  
First spin turkey that has the moves written on it or pictures of moves. - Choose what works best in your setting.  
Next spin number turkey. (Determines the repetitions)  
Perform the move the number of times indicated on the turkey spinner.

Different sizes are available for you to decide what works best in your setting!

# Have Fun!

# More Thanksgiving

## Brain Breaks:

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## Yoga:

With Kids In The Pictures

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## Thanksgiving Yoga

CARDS AND  
PRINTABLES



PINK OATMEAL

PINK OATMEAL

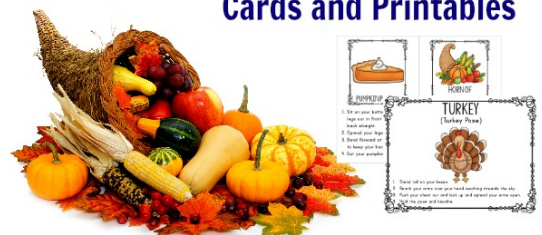
With Objects In The Pictures

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## THANKSGIVING YOGA

Cards and Printables



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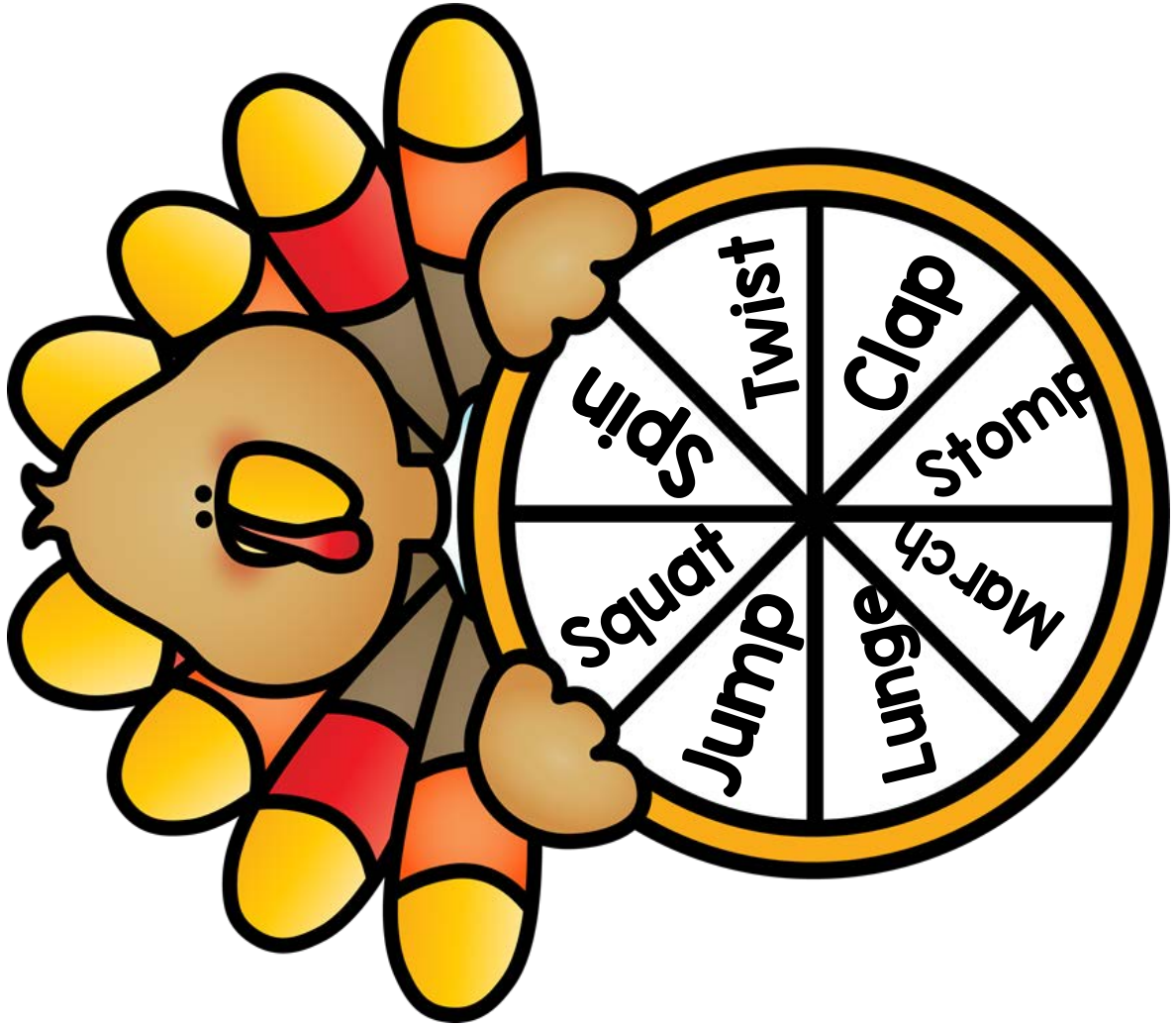
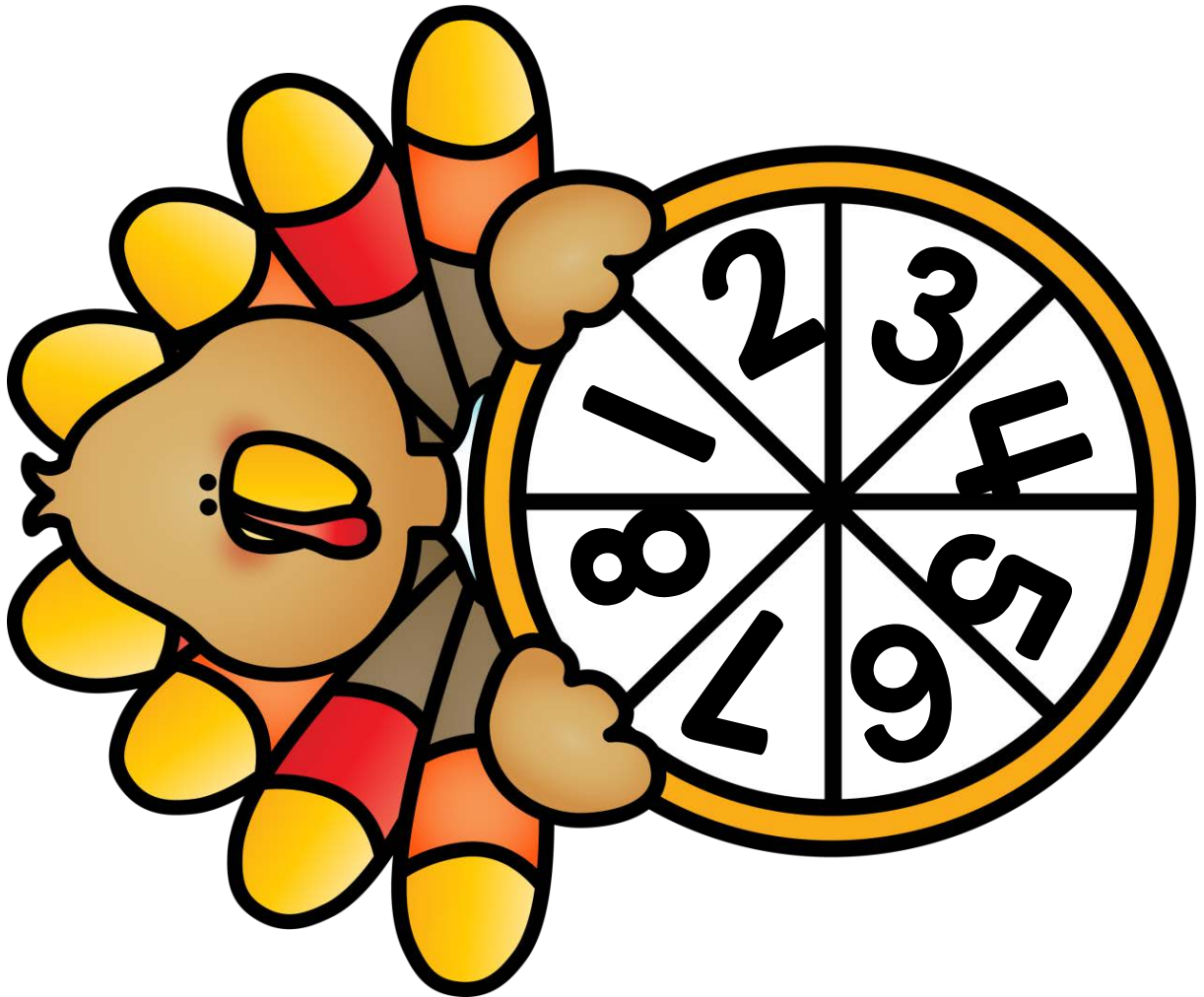
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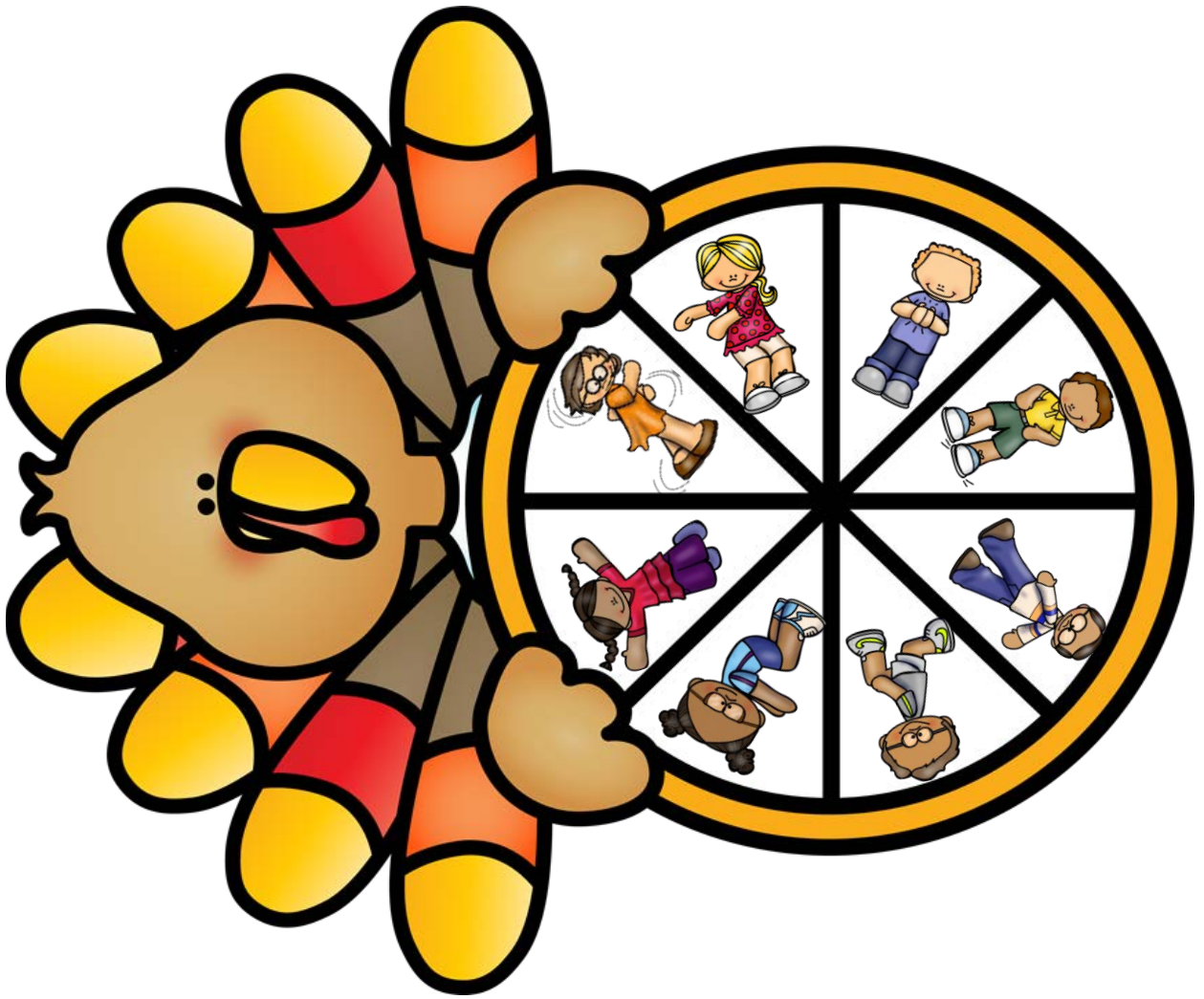
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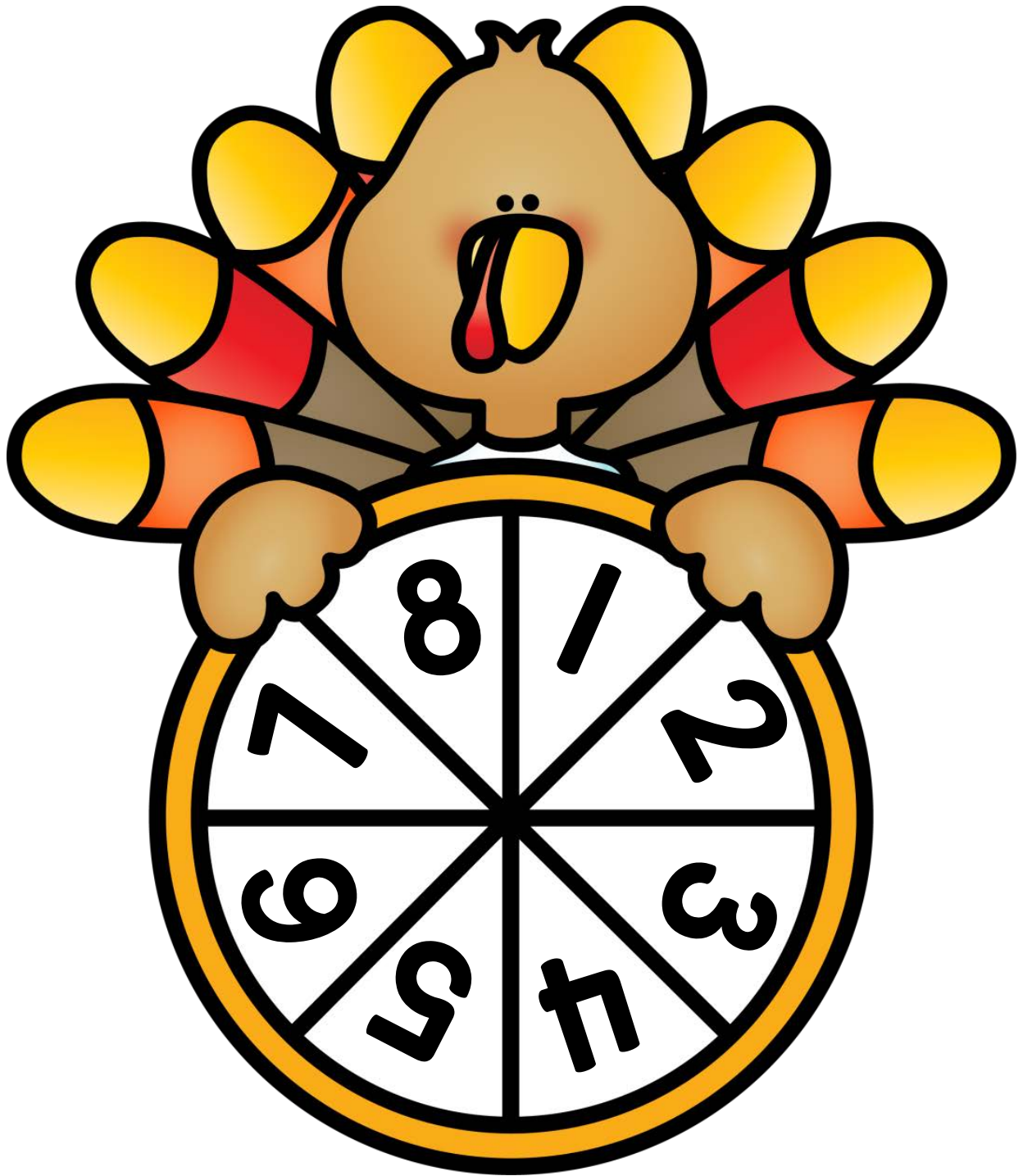
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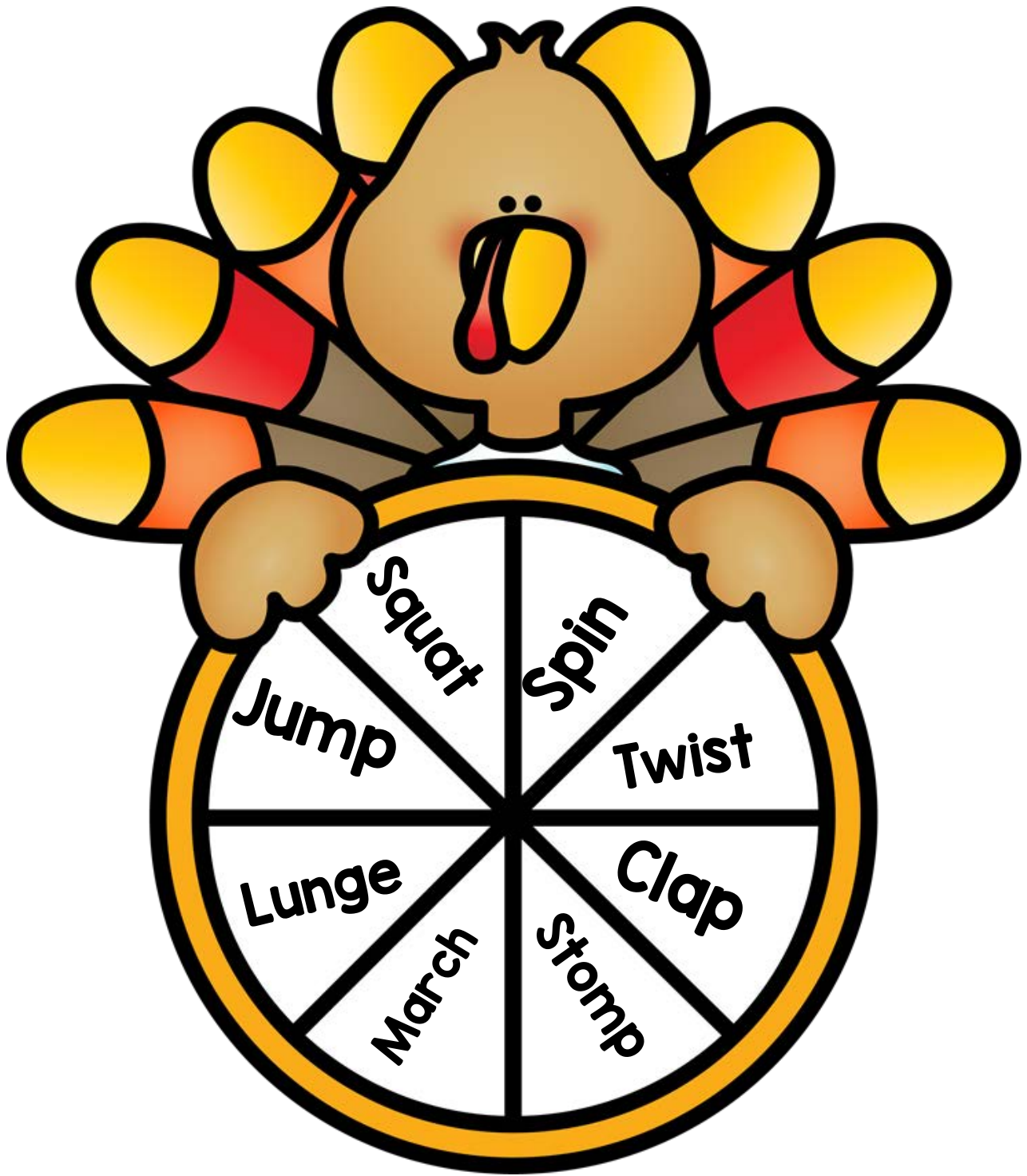
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Squat

Spin

Jump

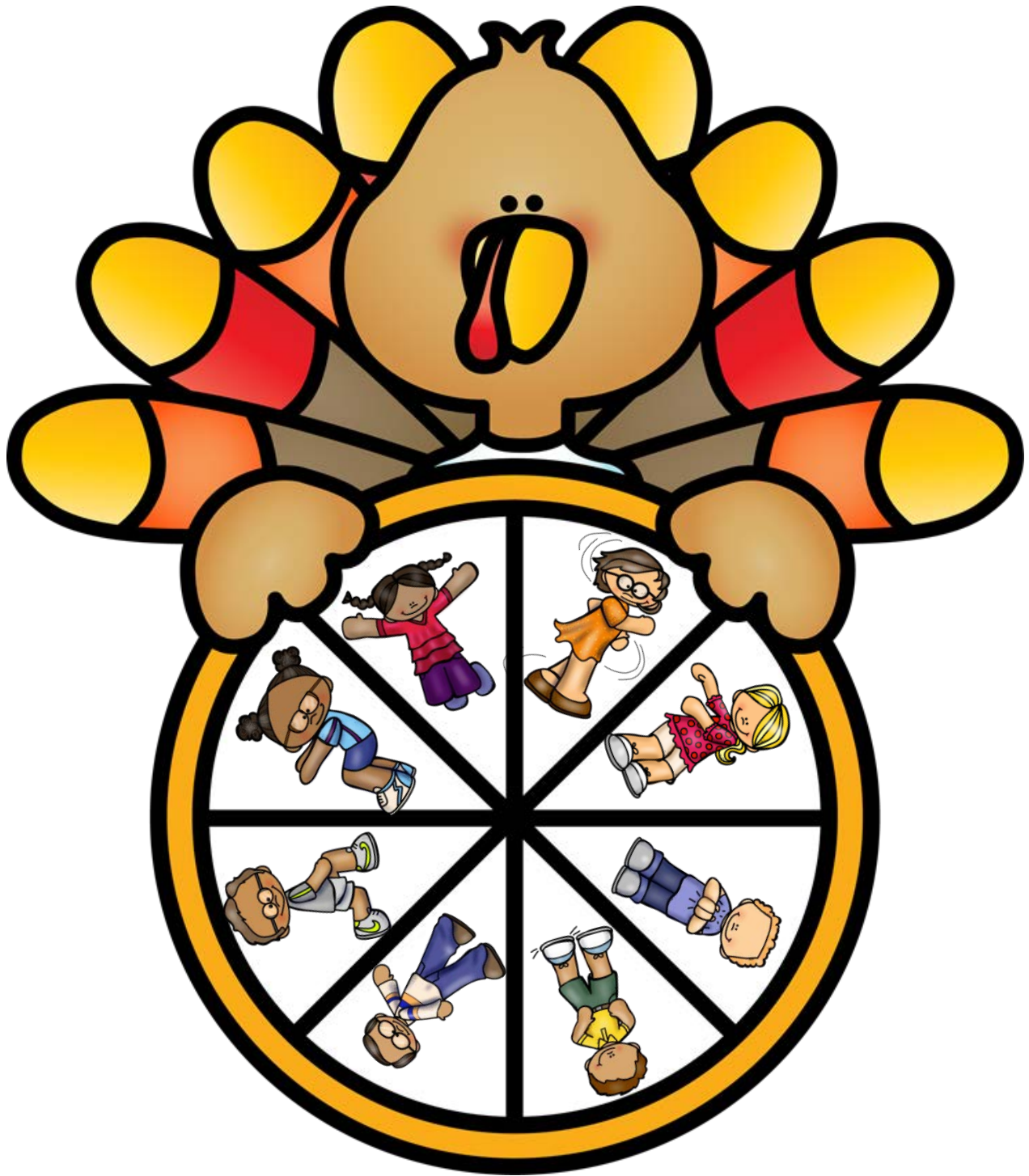
Twist

Lunge

Clap

March

Stomp





# Clip Art Credits

