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Summer Activity Calendars

- Enjoy your free summer activity calendars!
- The calendar includes a fun activity to move your body each weekday all summer long!
- Links are included on the calendar to get full explanations or ideas for a particular activity of Pink Oatmeal.
- The blue writing indicates a free printable that you can get from Pink Oatmeal in the freebie library!
- Thank you and enjoy!

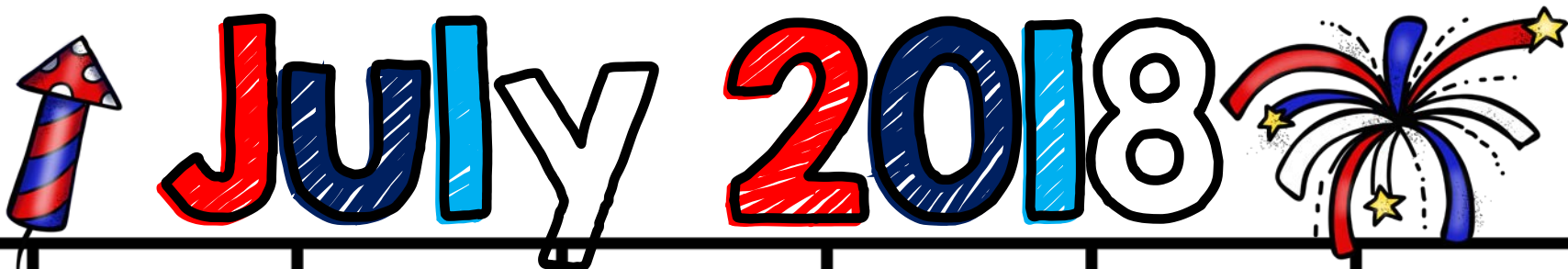


June 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 Frisbee	2
3	4 Jump Rope	5 <u>Bumble Bee Relay</u>	6 Hop Scotch	7 <u>Side Walk Chalk</u>	8 Circus Movement Cards	9
10	11 <u>Basketball Moves</u>	12 Blow Bubbles	13 Yoga With A Twist	14 Play Tag	15 <u>Hill Exercise</u>	16
17	18 Ride Bikes	19 Screen Free Day – No Screens At All Today!	20 <u>Scooter Boards</u>	21 Summer Yoga	22 Play At A Park	23
24	25 Nature Walk	26 <u>Camping Yoga</u>	27 Play Catch	28 <u>Paper Plate Balance</u>	29 <u>Balance With Stickers</u>	30

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Green = Click on the Link to Learn More on the Website



JULY 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	Flashlight Tag ²	<u>Baseball Moves</u> ³	Patriotic Yoga ⁴	<u>Beach Themed Yoga</u> ⁵	Kick Ball ⁶	7
8	Go Swimming ⁹	<u>Pirate Moves</u> ¹⁰	Screen Free Day ¹¹	<u>Princess Moves</u> ¹²	Transportation Movement Cards ¹³	14
15	<u>Balance With Blocks</u> ¹⁶	Run Through The Sprinklers ¹⁷	Gross Motor Dice ¹⁸	Four Square ¹⁹	<u>Bean Bag Balance</u> ²⁰	21
22	Go For A Walk ²³	<u>50's Themed Moves</u> ²⁴	<u>Animal Moves</u> ²⁵	Yoga Kids Cards ²⁶	<u>Flying Animals</u> ²⁷	28
29	Football Matching Moves ³⁰	<u>Jungle Moves</u> ³¹				

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August 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 Firefighter Yoga	2 <u>Transportation</u> Yoga	3 Build A Sand Castle	4
5	6 <u>Alphabet</u> Moves	7 <u>Cowboy</u> Moves	8 Hide and Seek	9 <u>Fishing</u> Moves	10 Action Dice	11
12	13 <u>Shape</u> Hunt	14 Screen Free Day – No Screens All Day	15 Number Hunt	16 Roll Down A Hill	17 <u>Soccer</u> Moves	18
19	20 Take A Walk Around Your Neighborhood	21 <u>Win It</u> In A Minute	22 <u>Superhero</u> Moves	23 Interactive Brain Breaks	24 <u>Superhero</u> Yoga	25
26	27 Letter Hunt	28 <u>Football</u> Relay	29 Swing	30 <u>Dinosaur</u> Moves	31 Hula Hoop	

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Credits

