

# Movement Chart



PINK OATMEAL

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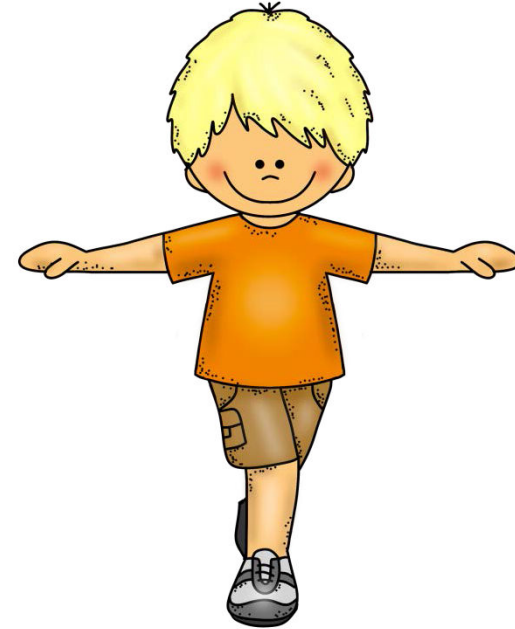
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# Jump



# Balance



# Spin



# Stretch



# Jog



# Squat



# Skip



# Clap



# Stomp



# Bend



# Sway



# Lunge












# March










# Kick



# Movement Chart

	1	2	3	4	5	6	7	8	9
Jump 									
Balance 									
Spin 									
Stretch 									
Squat 									
Jog 									
Skip 									

# Movement Chart

	1	2	3	4	5	6	7	8	9
Clap 									
Stomp 									
Bend 									
Sway 									
Lunge 									
March 									
Kick 									



# credits

