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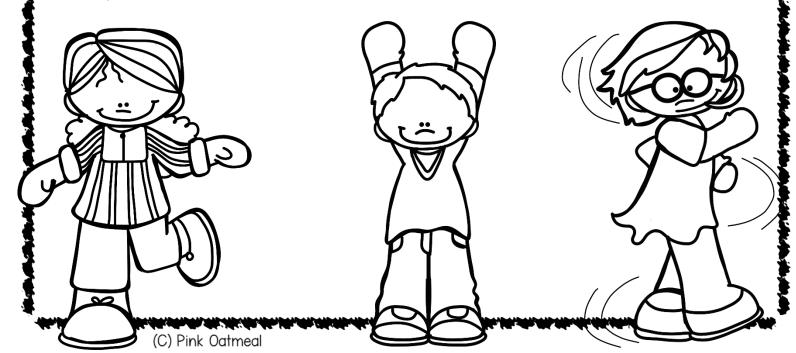
## Find A Friend And...

The find a friend game is designed for kids to interact with each other while moving their bodies!

Have the kids search for a friend and perform one of the actions in the box.

Once they have performed the action with their friend, they write the name of that friend in the box.

Try to find a different friend for each box.



Name \_\_\_\_\_

## Find A Friend And...

Do 5 Jumping Jacks	Do 5 Squats	Do 5 Lunges
Spin 5 Times	Jump 10 Times	Twist 5 Times
Hop On One Foot 5 Times	Do 10 Arm Circles	Balance On One Leg 10 seconds
Stretch for 10 Seconds	March 10 Times	Wiggle For 10 Seconds

# Credits

