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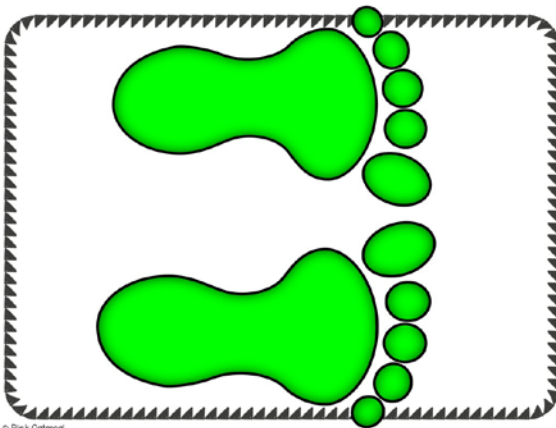
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Foot Prints

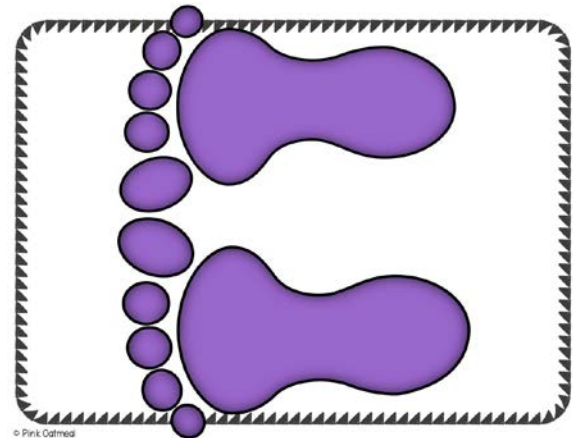
- Line up foot prints on the floor in any order you would like.
- Have kids move through course working on two footed and single foot hops.



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Foot Prints

- Pink Oatmeal has several ideas for how you can use the foot prints. Below are links to YouTube videos as examples.

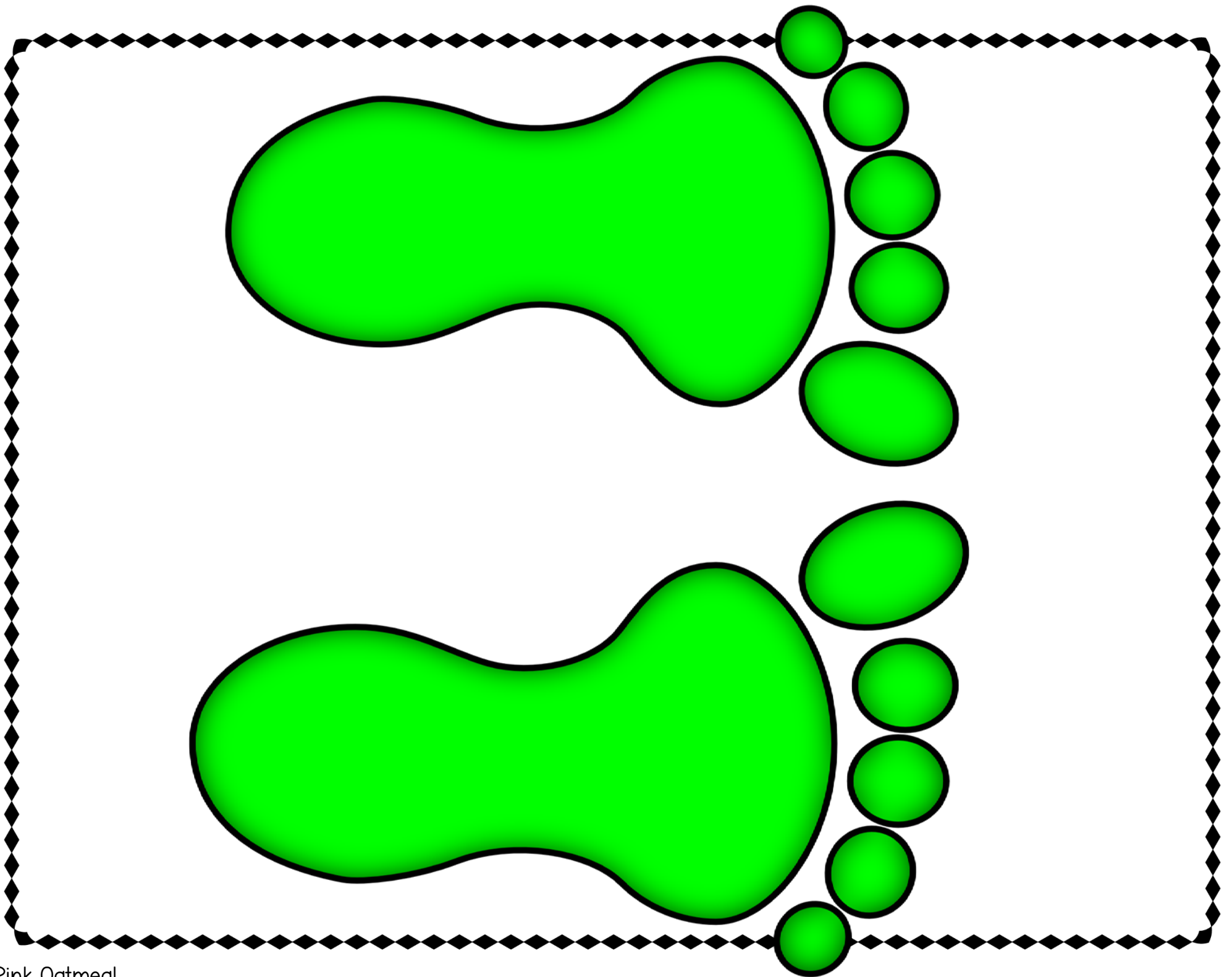
[Agility Ladder](#)

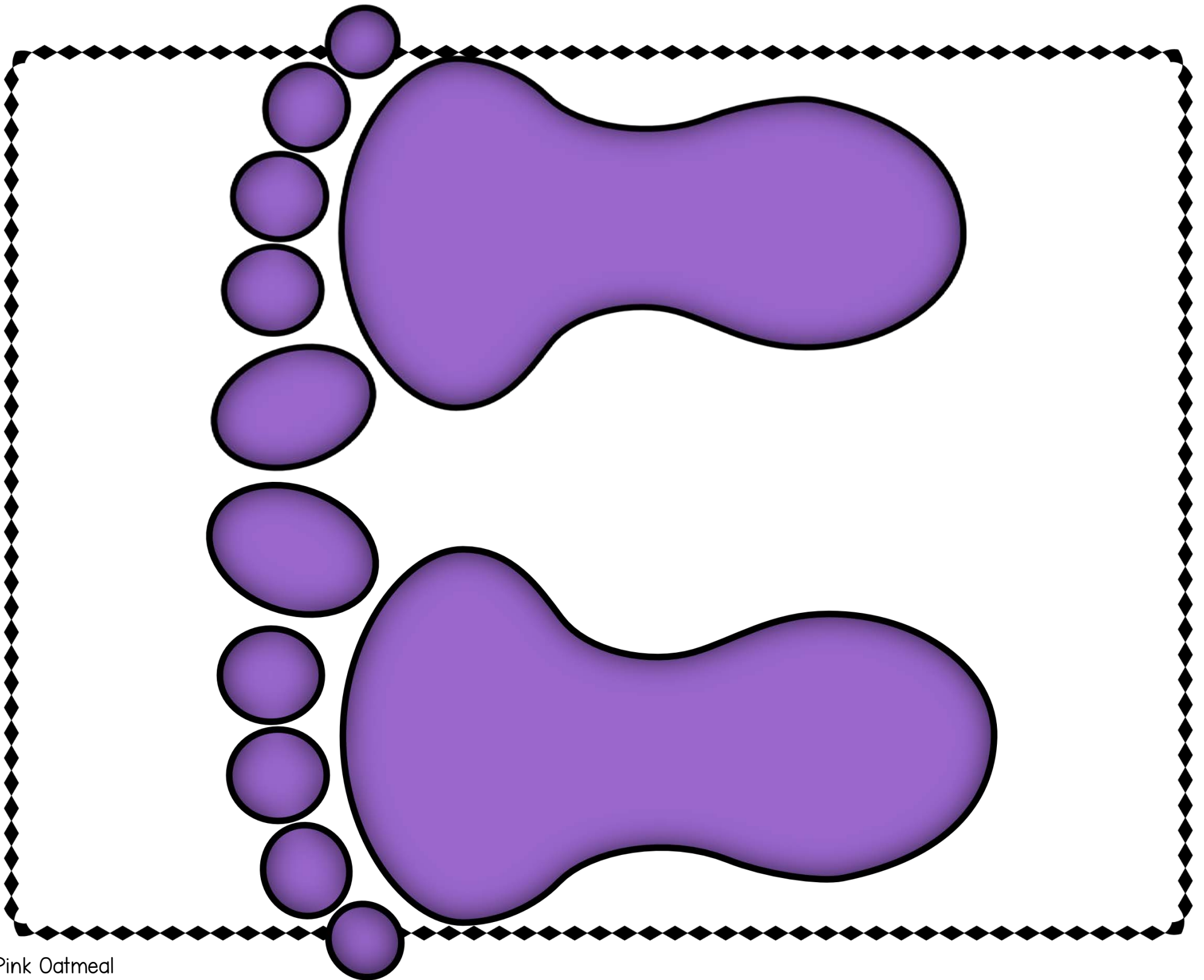
[Obstacle Courses](#)

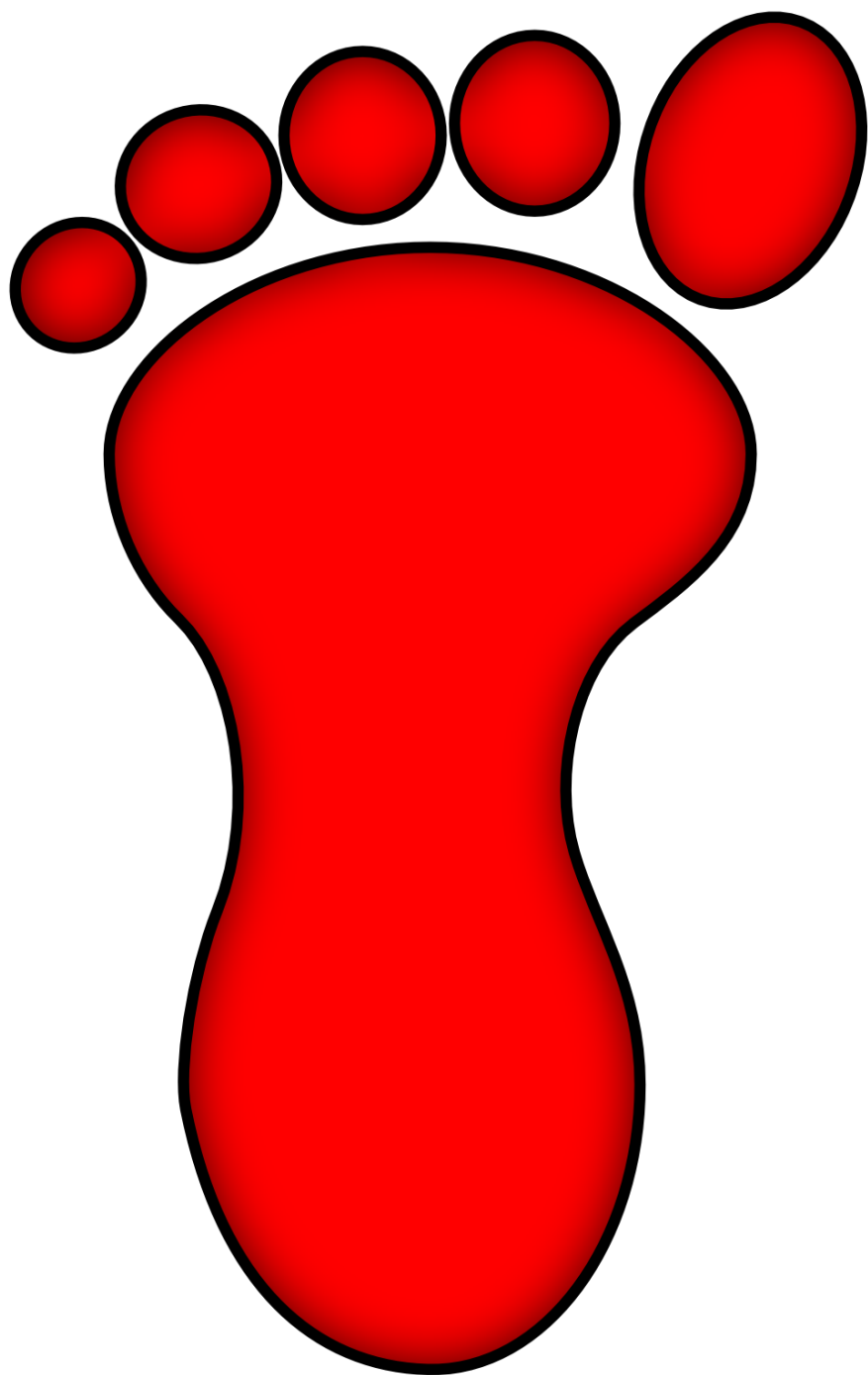
[Balance Beam](#)

[BOSU Ball](#)

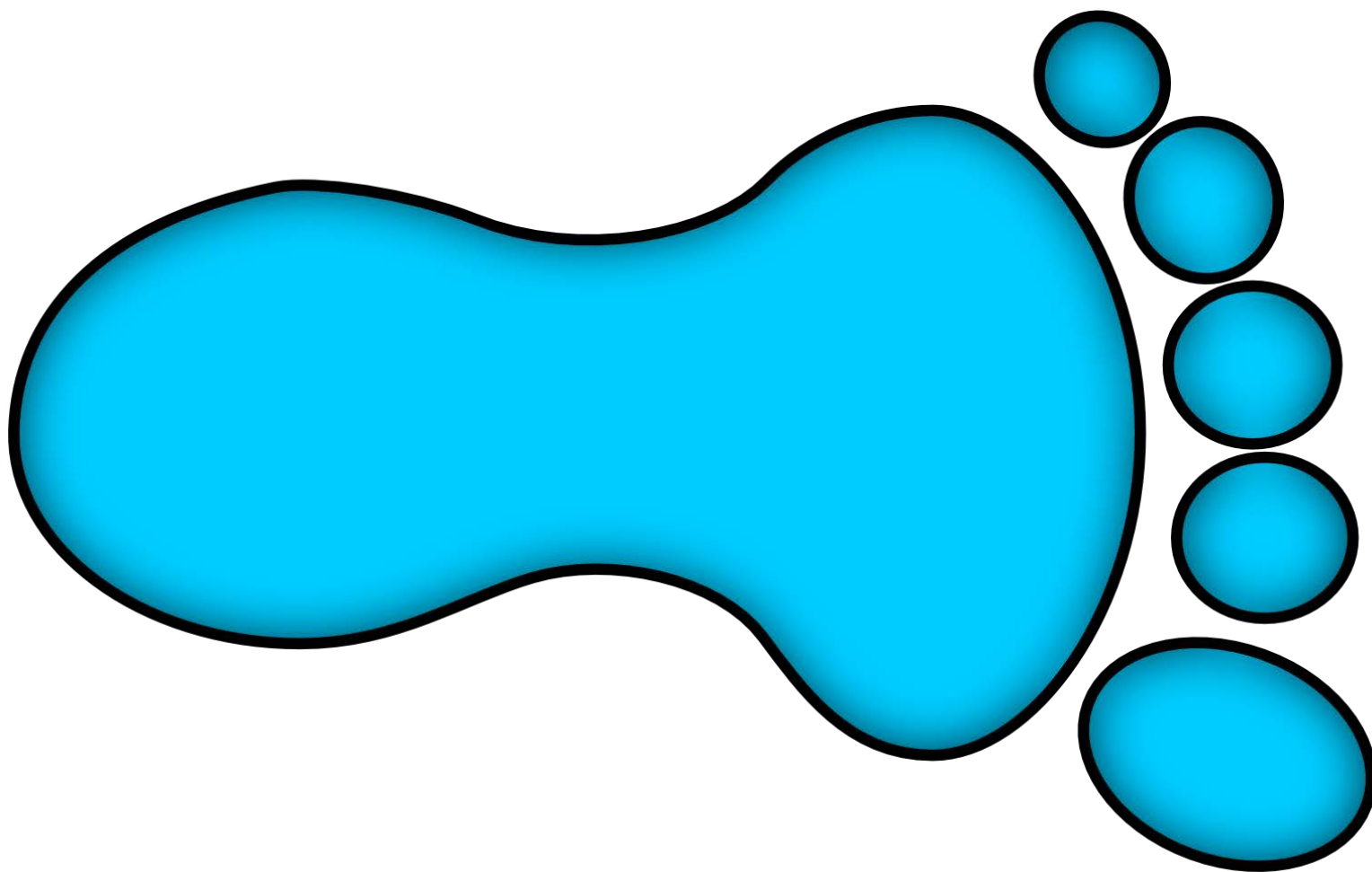


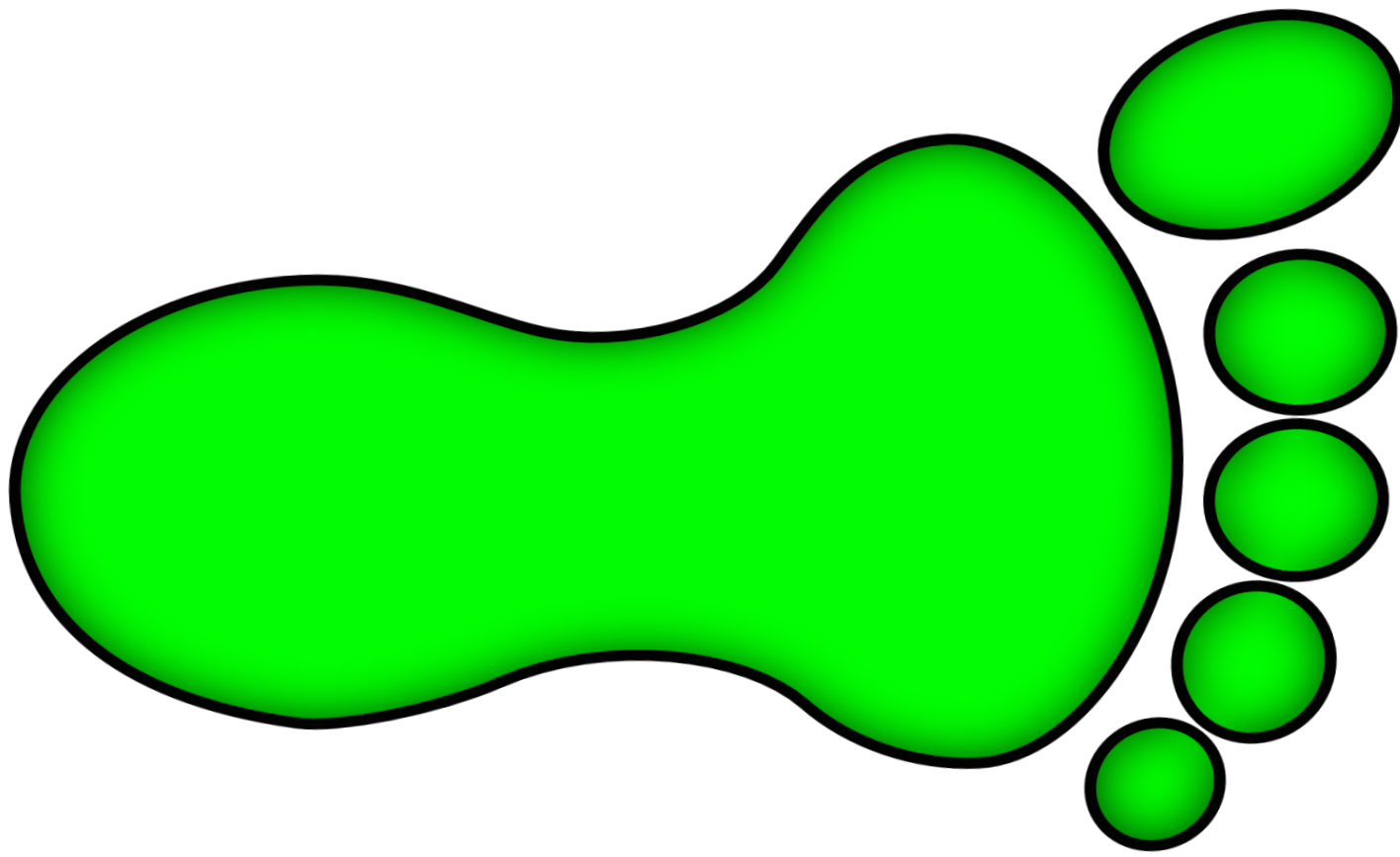


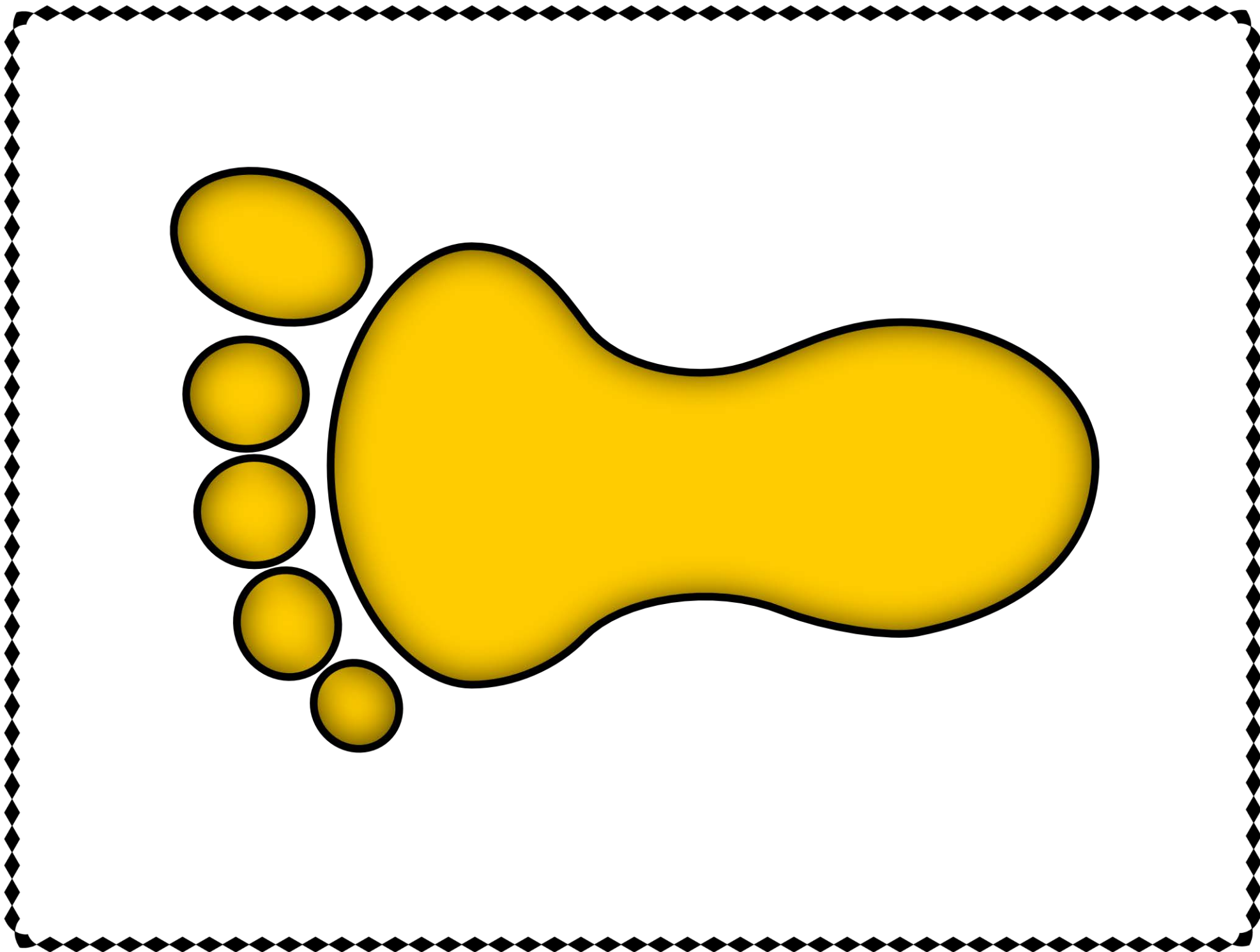


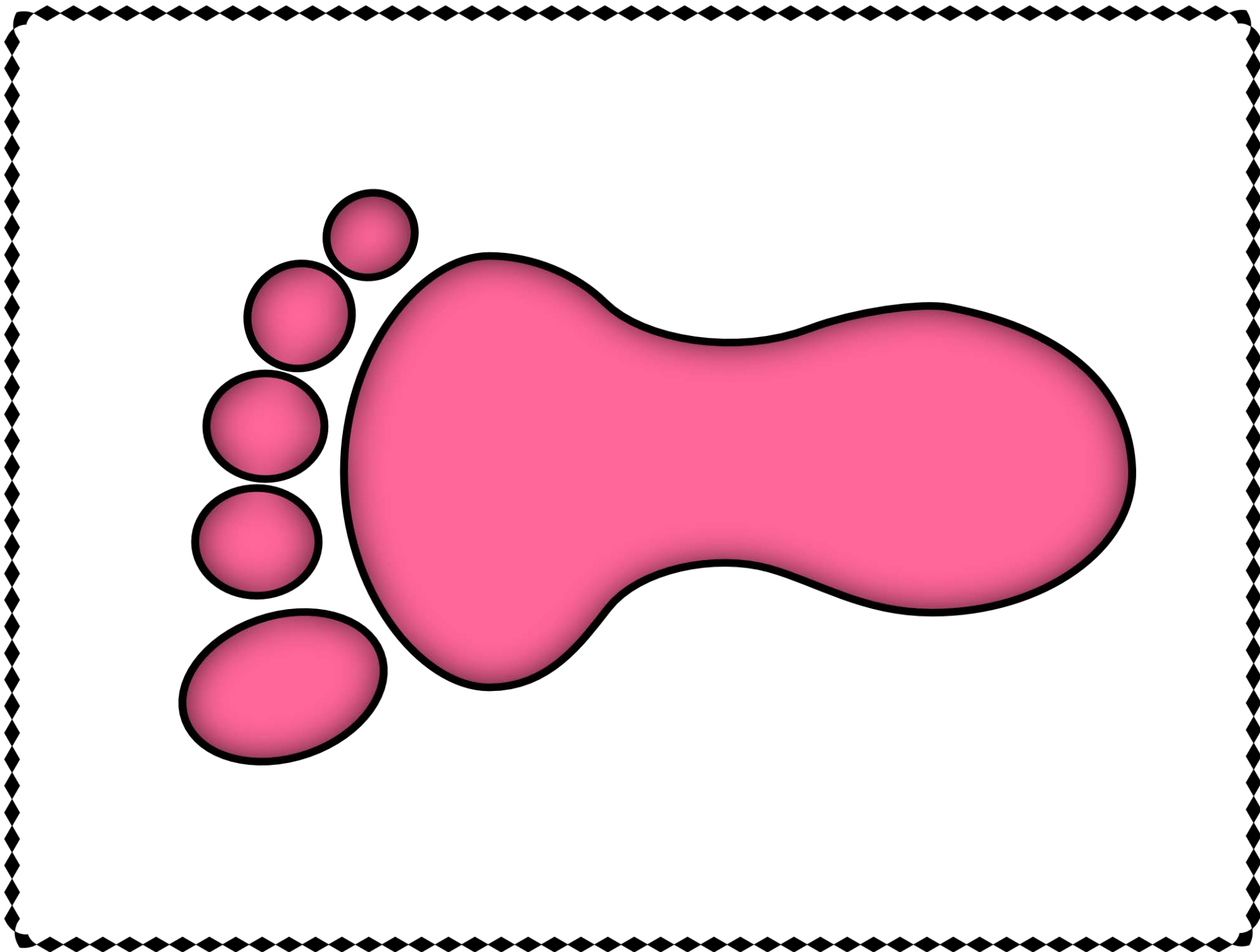












Credits

