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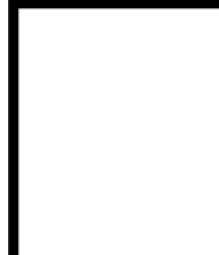
# Fire Fighter Ladder Drill

Included are agility drill cards to use at stations or help guide you with ideas for ladder drills.

Create agility ladders with sidewalk chalk or using painters tape.



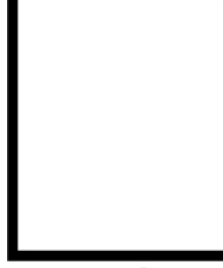
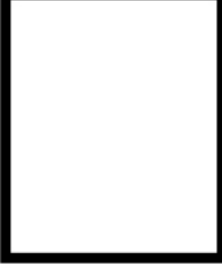






















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