

Brain Breaks

Enjoy your FREE brain breaks! Get the kids moving! Stop by my

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for more brain breaks, yoga, and movement based games!

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SPIN



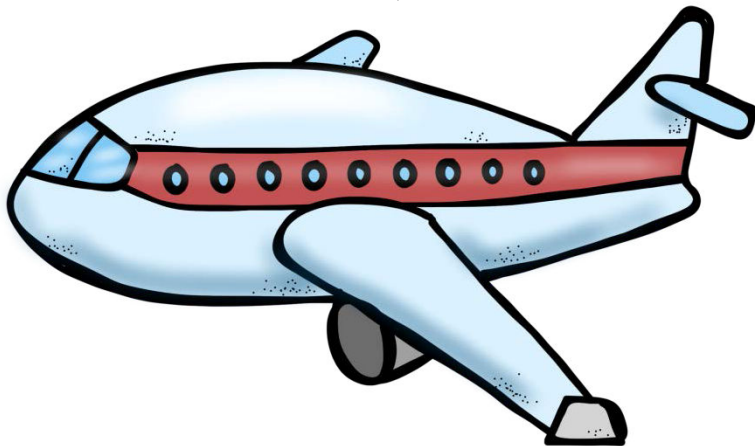
Like a Helicopter

PEDAL



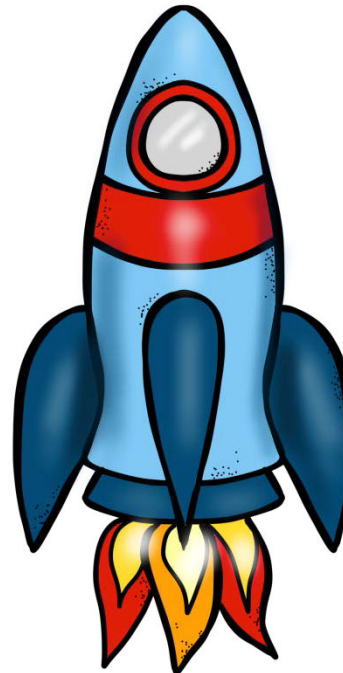
Like A Bicycle

FLY



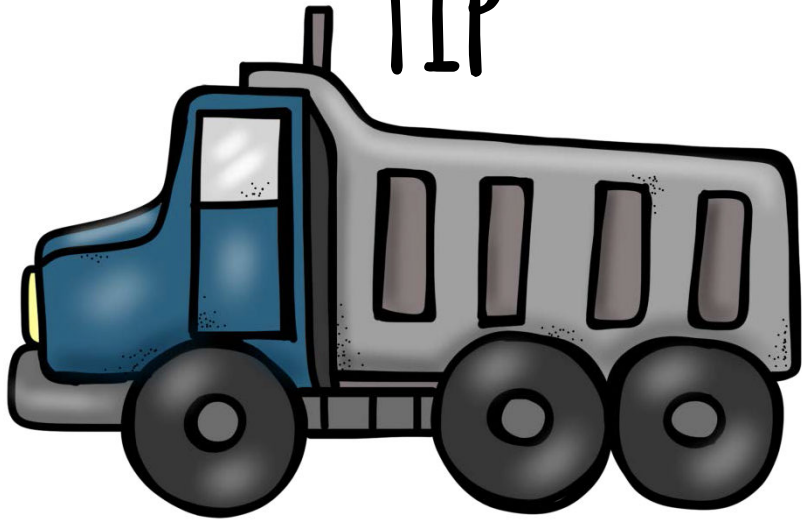
Like An Airplane

BLAST OFF



Like A
Rocket

TIP



Like a Dump Truck

BALANCE



Like A Motorcycle

Credits

